



CME Symposium at the South Carolina Neurological Society 2023 Annual Conference

Clinical Update for Individualized Treatment Plans for Patients with Generalized Myasthenia Gravis

Saturday, September 16, 2023 | 3:30 pm – 4:30 pm ET



James F. Howard Jr., MD

Presented by  academicCME



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Dr. Howard is Professor of Neurology, Medicine and Allied Health in the Department of Neurology at The University of North Carolina at Chapel Hill, School of Medicine. He is the former *James F Howard Distinguished Professor of Neuromuscular Disease* and the prior Chief of the Neuromuscular Disorders Section at UNC. He received his medical degree from the Lerner School of Medicine at the University of Vermont and his neurological training at the University of Virginia in Charlottesville. Dr. Howard is a practicing neurologist for over 44 years with a focus on myasthenia gravis and EMG. He currently directs the Myasthenia Gravis Clinical Trials and Translational Research Unit at UNC.

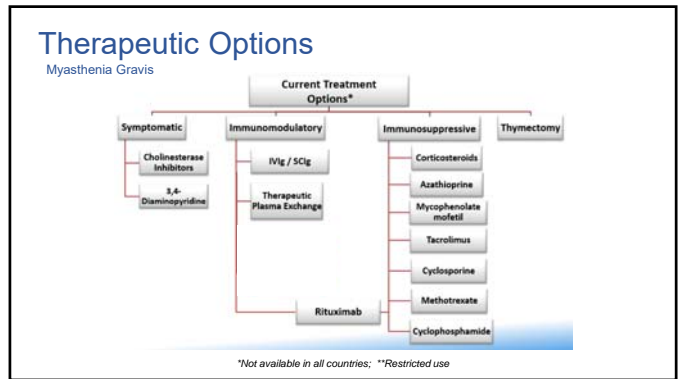
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Clinical Update for Individualized Treatment Plans for Patients with Generalized Myasthenia Gravis

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Myasthenia Gravis

Why Are New Treatments Needed?

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October 05, 2021, 97 (14) | EDITORIAL

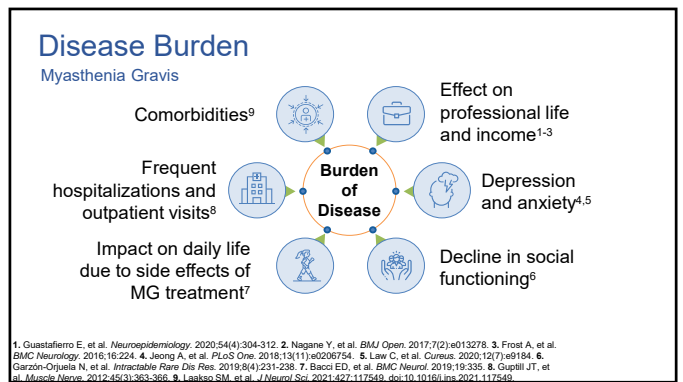
People With Myasthenia Are Getting Better, but Are They Doing Well?

Chad Atkins, MD, Carolina Barnett

First published August 18, 2021, DOI: <https://doi.org/10.1212/WNL.00000000000012617>

Atkins C and Barnett C. Neurology. 2021; 97(14): 663-664; DOI: 10.1212/WNL.00000000000012617.

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Myasthenia Gravis

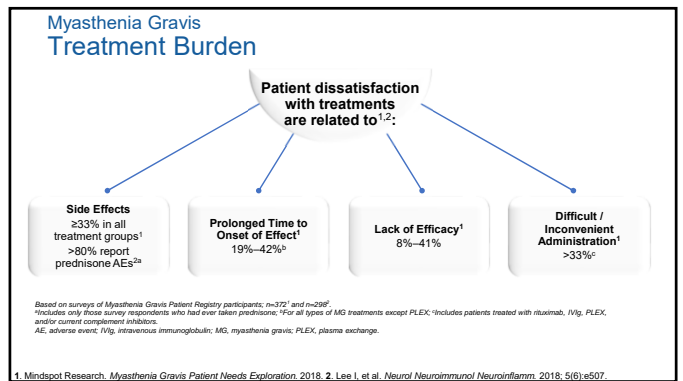
Impact of Disease and Treatment Burdens on Employment

- United States¹** (N=250): Work absenteeism frequently reported regardless of disease status¹¹
- Germany²** (N=1016): 28% forced to retire early (average age of population: 66.7 years)²
- Japan³** (N=200): 27% experienced unemployment³; 36% experienced decreases in income³
- Thailand⁴** (N=71): Up to 58% unemployment rate⁴; 48% decrease in income⁵
- Denmark⁴** (N=330): 47% face long-term sickness absence⁴
- Australia^{4,7}** (N=160): 59% unable to work due to the effects of their disease⁷; 5 work hours per week after MG symptoms appeared (N=150)

Use with permission of Michelle Macleod, PhD

Results from survey¹¹ and an observational study⁴ of patients with MG. *Ranging from 1-3 days to over 1 month within the last 6 months in a survey of patients with MG (N=823). ¹¹MG, Generalized myasthenia gravis. ¹ Harris, et al. *Muscle Nerve* 2016;57:700-706. ² Twiss S, et al. *Health Qual Life Outcomes* 2018;16:2. ³ Nagane Y, et al. *BMJ Open* 2017;7:e013278. ⁴ Frost A, et al. *BMC Neuro* 2016;16:224. ⁵ Kulkarni K, et al. *Neuro Sci* 2013;31:71-73. ⁶ Blum S, et al. *J Clin Neurosci* 2015;22:1194-99. ⁷ Centre for International Economics. The cost to patients and the community of myasthenia gravis. <https://www.healthcarecostcalculator.com.au/associated-conditions/mg>

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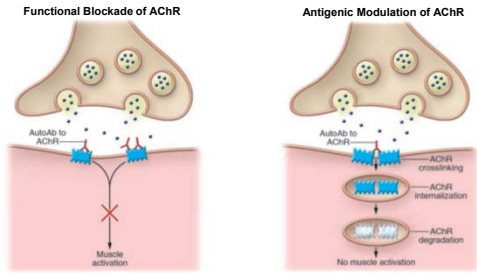


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Mechanisms of Disease

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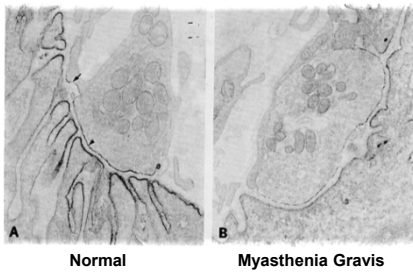
Myasthenia Gravis Mechanisms of Synaptic Block



Conti-Fine, BM et al. *The Journal of Clinical Investigation*. 2006; 116(11): 2843-54. doi:10.1172/JCI29894.

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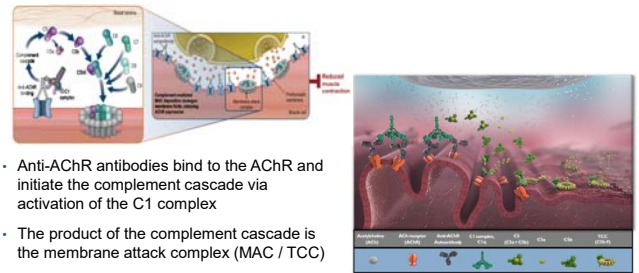
Myasthenia Gravis NMJ Alterations



Engel AG, et al. *Neurology*. 1977; 27:307-315.

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Complement Activation Myasthenia Gravis



- Anti-AChR antibodies bind to the AChR and initiate the complement cascade via activation of the C1 complex
- The product of the complement cascade is the membrane attack complex (MAC / TCC)

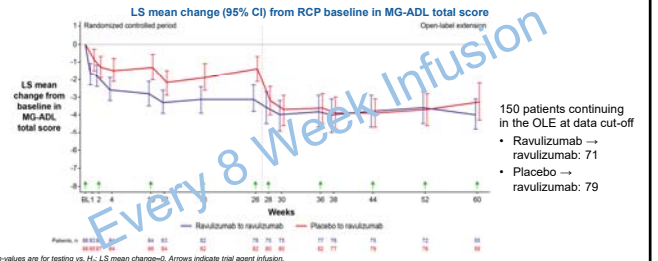
Howard JF, et al. *Exp Opin Invest Drugs*. 2021; v30 p483.

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Complement Inhibition

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Ravulizumab Complement Inhibition

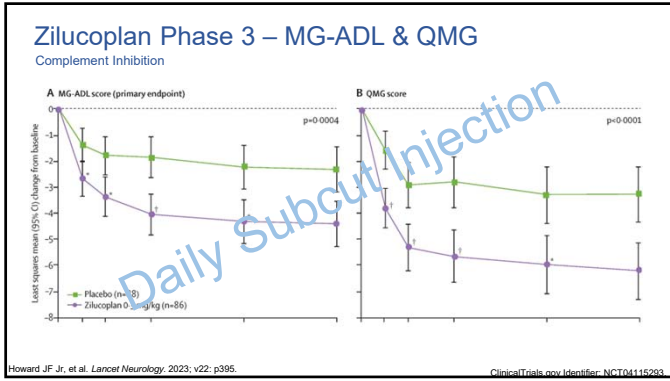


*p-values are for testing vs. H₀: LS mean change=0. Arrows indicate trial agent infusion. BL, baseline; CI, confidence interval; LS, least squares; MG-ADL, Myasthenia Gravis-Activities of Daily Living; OLE, open-label extension; RCP, randomized controlled period; SD, standard deviation.

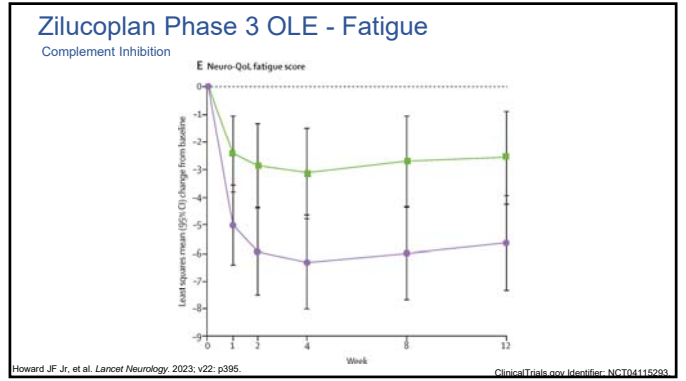
Vu T, et al. Presented at: AAN 2022, April, 2022, Seattle, WA.; Howard JF Jr, et al. Presented at: AAN 2022, April, 2022, Seattle, WA.; Vu T, et al. *NEJM Evidence*. 2022; 1(5).

ClinicalTrials.gov Identifier: NCT03920293

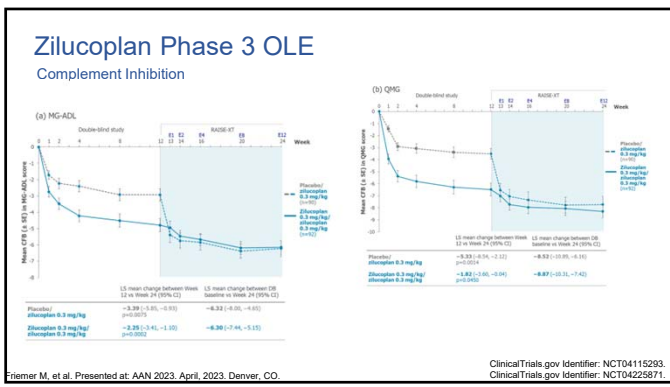
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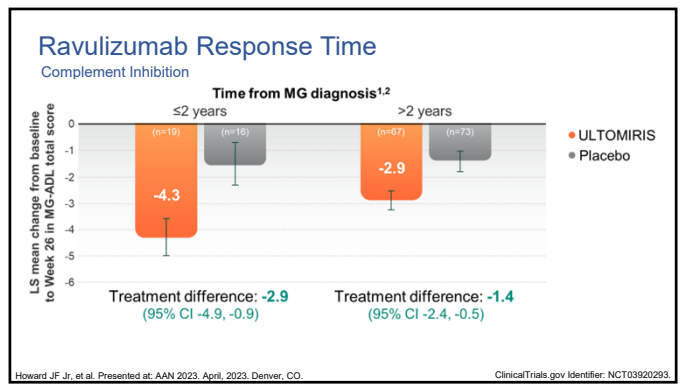
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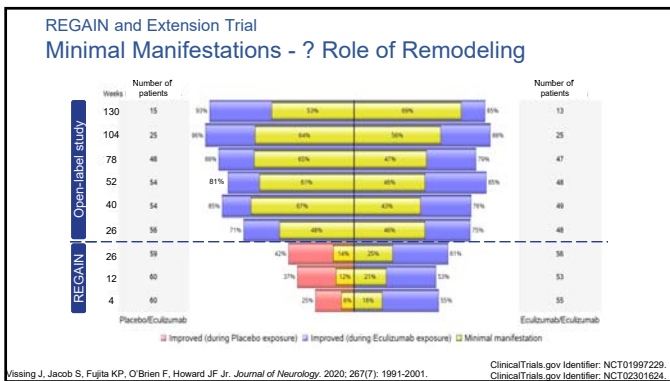
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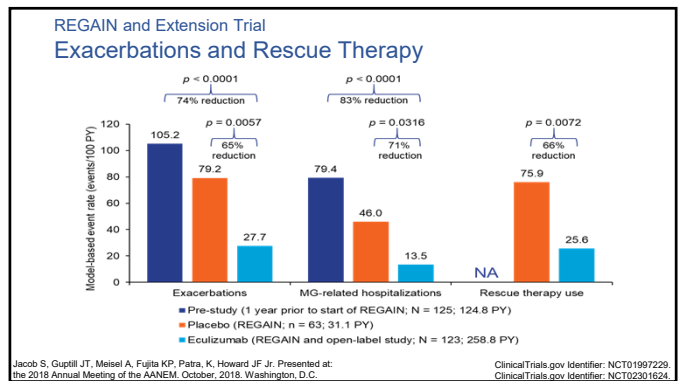
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REGAIN and Extension Trial Safety from Extension Study

Outcome	REGAIN placebo (n = 61, 30.9 PY) ^a		REGAIN eculizumab (n = 56, 28.2 PY) ^a		REGAIN and OLE eculizumab (N = 117, 305.1 PY) ^a	
	Patients with event, n (%)	Event rate, events/100 py ^a	Patients with event, n (%)	Event rate, events/100 py ^a	Patients with event, n (%)	Event rate, events/100 py ^a
Exacerbation	13 (21.3)	77.7	4 (7.1)	35.5	34 (29.1)	23.9
Rescue therapy use	10 (16.4)	68.0	4 (7.1)	35.5	30 (25.6)	22.0
Most common AEs^{b,c,d} (>15% of all patients)						
Headache	12 (19.7)	90.6	10 (17.9)	88.7	52 (44.4)	32.8
Nasopharyngitis	10 (16.4)	42.1	9 (16.1)	46.1	45 (38.5)	32.1
Diarrhea	8 (13.1)	29.1	8 (14.3)	35.5	33 (28.2)	17.4
Upper respiratory tract infection	12 (19.7)	45.3	9 (16.1)	46.1	31 (26.5)	25.2
Nausea	9 (14.8)	84.1	7 (12.5)	35.5	27 (23.1)	12.1
Myasthenia gravis ^d	9 (14.8)	58.3	4 (7.1)	14.2	30 (25.6)	17.4
Arthralgia	5 (8.2)	29.1	1 (1.8)	3.5	24 (20.5)	10.5
Pain in extremity	2 (3.3)	6.5	4 (7.1)	14.2	20 (17.1)	8.5
Urinary tract infection	5 (8.2)	22.7	3 (5.4)	14.2	20 (17.1)	12.5

Mentecorza R, et al. *Neurology*. 2021;96:e610-e618.

ClinicalTrials.gov Identifier: NCT02301624.

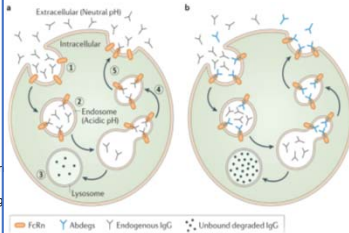
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Neonatal Fc Receptor Inhibition

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FcRn Mechanism of Action

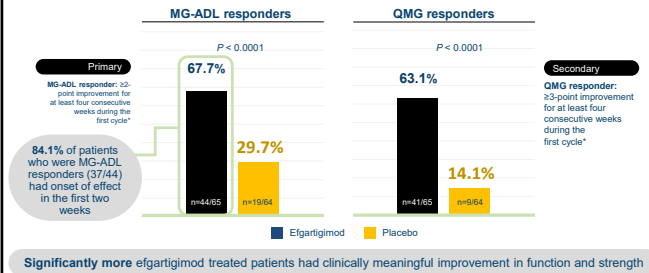
- A.**
- IgG molecules enter cells by pinocytosis (step 1)
 - Held within neonatal Fc receptor (FcRn) containing acidic endosomes (step 2)
 - FcRn binds tightly to the Fc portion of IgG
 - IgG that does not bind to FcRn is targeted for lysosomal degradation (step 3)
 - Bound IgG molecules are recycled and released by exocytosis (steps 4, 5), as the FcRn releases IgG at neutral pH
- B.**
- Antibodies that enhance IgG degradation (Abdegs), e.g. efgartigimod, bind to FcRn with greater affinity than endogenous IgGs at both near-neutral and acidic pH
 - Thus, compete with endogenous IgGs for FcRn binding
 - As a result, more endogenous IgG molecules are targeted for lysosomal degradation



Lünemann JD. *Nat Rev Neurol*. 2021; 17(10): 597-598.

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ADAPT Clinical Response (AChR-Ab+ patients, Cycle 1)

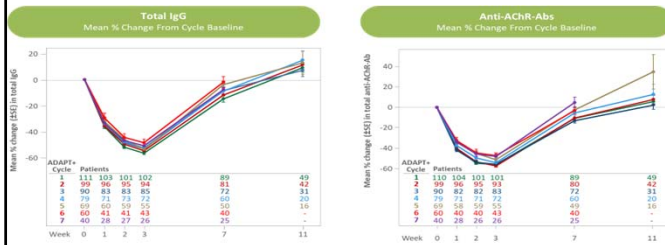


Howard JF Jr, et al. *Lancet Neurol*. 2021; 20(7): 526-536.

ClinicalTrials.gov Identifier: NCT03669588.

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Efgartigimod (ADAPT+) FcRn Inhibition



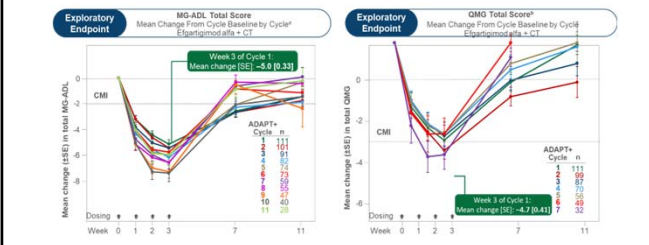
AChR-Ab, acetylcholine receptor autoantibody; IgG, immunoglobulin G.
*Samples for pharmacodynamic biomarkers, including total IgG levels, were collected only during part A (year 1) of ADAPT+.

Pasnoor M, et al. Presented at: AAN 2023, April, 2023, Denver, CO.

ClinicalTrials.gov Identifier: NCT03770403.

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Efgartigimod (ADAPT+) FcRn Inhibition

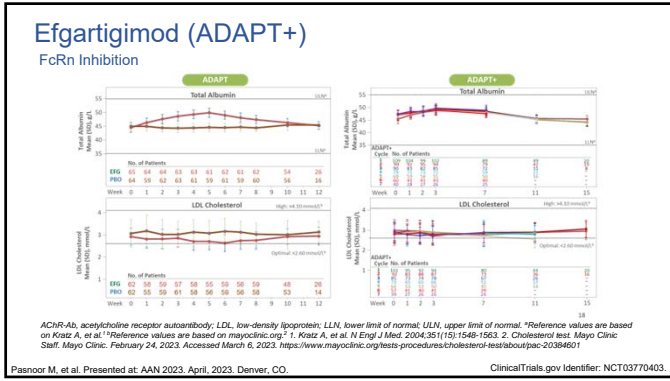


AChR-Ab, acetylcholine receptor autoantibody; MG-ADL, Myasthenia Gravis Activities of Daily Living; QMG, Quantitative Myasthenia Gravis; TX, treatment. * Only cycles with data cut to week 11 are depicted.

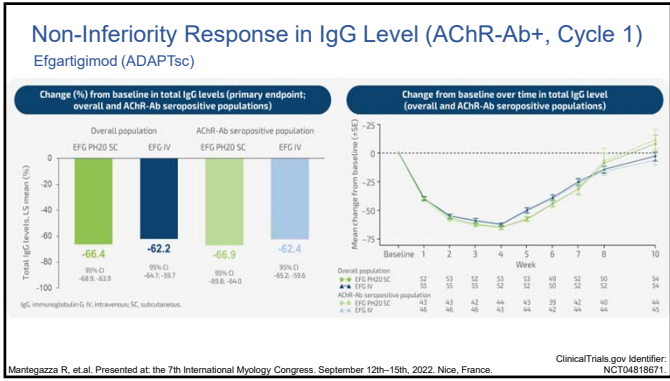
Pasnoor M, et al. Presented at: AAN 2023, April, 2023, Denver, CO.

ClinicalTrials.gov Identifier: NCT03770403.

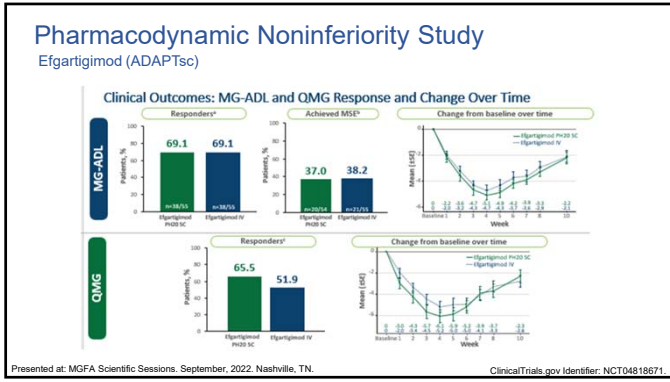
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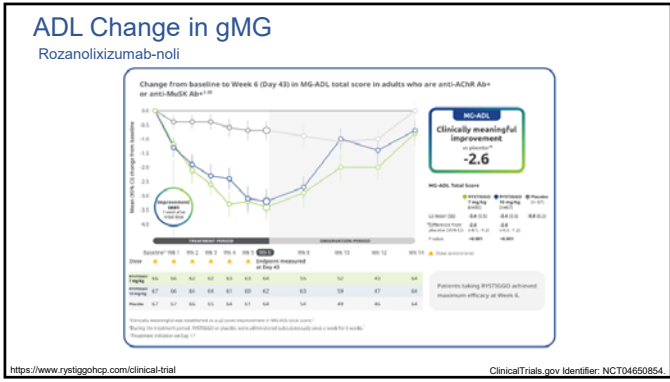
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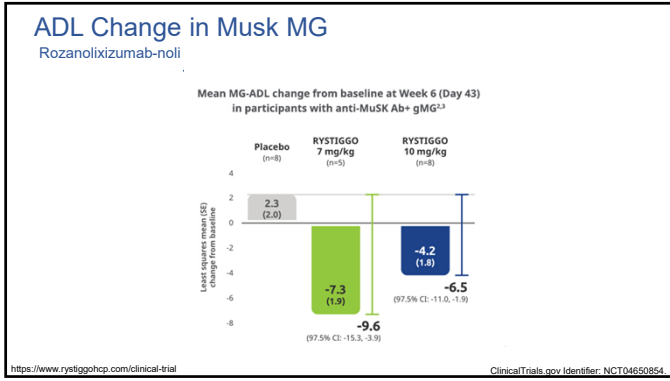
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Safety Efgartigimod (ADAPT, ADAPT+)

	ADAPT		ADAPT+	
	Placebo (n=83) [54.51 PY]	Efgartigimod (n=84) [54.80 PY]	Placebo (n=139) [122.14 PY]	Efgartigimod (n=139) [122.14 PY]
	R/PY	% (n)	R/PY	% (n)
AEs	7.83	84 (70)	7.23	77 (65)
SAEs	0.29	8 (7)	0.11	5 (4)
11 Infection-related reaction event	0.26	10 (8)	0.09	4 (3)
Infection AEs	1.22	37 (31)	1.41	46 (39)
Discontinued study treatment due to AEs	0.09	4 (3)	0.20	4 (3)
Severe AEs (grade ≥3)	0.35	10 (8)	0.29	11 (9)
Death	0	0 (0)	0	0 (0)
Most frequent AEs				
Nasopharyngitis	0.49	18 (15)	0.34	12 (10)
Upper respiratory tract infection	0.15	5 (4)	0.32	11 (9)
Urinary tract infection	0.12	5 (4)	0.26	10 (8)
Headache	1.13	28 (23)	1.15	29 (24)
Nausea	0.43	13 (9)	0.20	8 (7)
Diarrhea	0.41	11 (9)	0.17	7 (6)

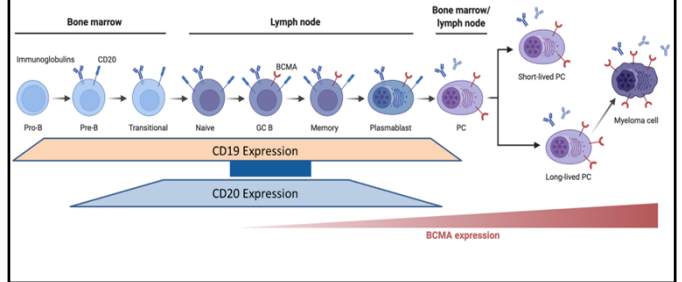
Howard JF Jr, et al. Presented at: AAN 2023, April, 2023, Denver, CO. ClinicalTrials.gov Identifier: NCT03669588
ClinicalTrials.gov Identifier: NCT03770403

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B-Cell Depletion

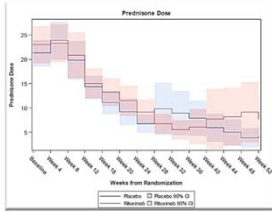
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B-cell Depletion Therapies Myasthenia Gravis



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Rituximab B-Cell Depletion



OBSERVED MGC SCORE CHANGE FROM BASELINE TO WEEK 52		
TREATMENT GROUP	Change in MGC (SD) (Min, Max)	Model Adjusted Difference (95% CI)
Rituximab	-5.7 (7.26) (-24, +9)	-0.11 (-2.24, 2.02)
Placebo	-4.0 (8.10) (-11, +5)	

OBSERVED QMG SCORE CHANGE FROM BASELINE TO WEEK 52		
TREATMENT GROUP	Change in QMG (SD) (Min, Max)	Model Adjusted Difference (95% CI)
Rituximab	-3.95 (5.43) (-15, +6)	-1.09 (-3.22, 1.03)
Placebo	-1.70 (5.81) (-10, +5)	

No significant difference observed for change in MGC score or QMG score across the groups (p=0.93 and p=0.39, respectively).

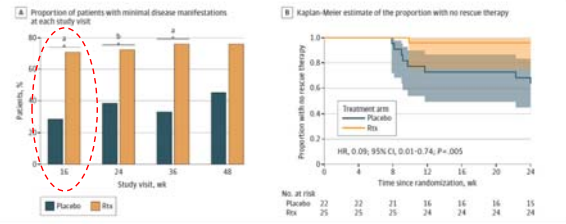
Nowak RJ, et al. *Neurology*. 2021; v98: p376.

ClinicalTrials.gov Identifier: NCT02110706

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RINOMAX Trial Results B-Cell Depletion in Early Onset MG (<1 year)

Figure 2. Proportion With Minimal Disease Manifestation and No Rescue Treatment Over Time

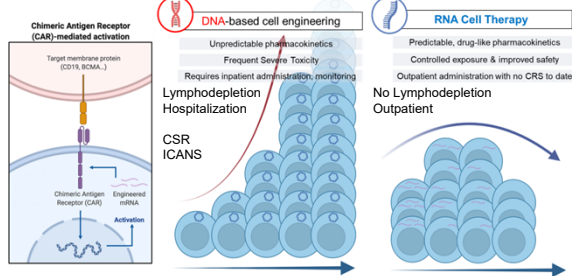


Piehl F, et al. *JAMA Neurology*. 2023; v79: p1105.

ClinicalTrials.gov Identifier: NCT02950155

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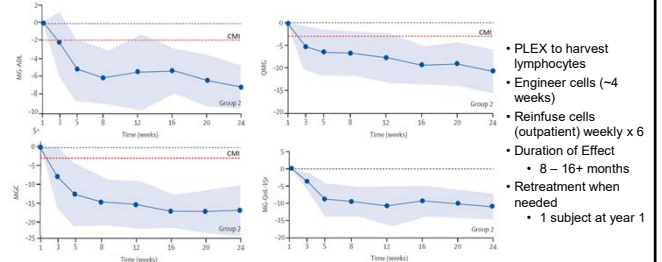
Targeting B-Cell Precursors CAR-T



Courtesy of Volkan Grant, MD

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Descartes-08 Trial (rCAR-T, Phase 1b, Open Label) Myasthenia Gravis



- PLEX to harvest lymphocytes
- Engineer cells (~4 weeks)
- Reinfuse cells (outpatient) weekly x 6
- Duration of Effect
 - 8 – 16+ months
- Retreatment when needed
 - 1 subject at year 1

Grant V, et al. *Lancet Neurology*. 2023; v22: p578.

ClinicalTrials.gov Identifier: NCT02950155

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Descartes-08 Trial (rCAR-T, Phase 1b)

Myasthenia Gravis

Grade*	Part 1 (n=3)	Part 2, all groups (n=12)	Part 2, group 1 (n=3)	Part 2, group 2 (n=3)	Part 2, group 3 (n=6)
Head numbness	2	1 (8%)	0	0	0
Headache	1	1 (8%)	5 (40%)	1 (8%)	3 (30%)
Head or neck pain	1	1 (8%)	1 (8%)	0	1 (10%)
Nausea	1	1 (8%)	4 (30%)	2 (15%)	2 (20%)
Rash	3	0	1 (8%)	1 (8%)	0
Itchy throat	1	0	1 (8%)	0	0
Swallowing	1	0	1 (8%)	2 (15%)	1 (10%)
Weakness	1	0	2 (15%)	2 (15%)	0
Low red blood cells	1	0	1 (8%)	1 (8%)	0
Fever	1	0	4 (30%)	1 (8%)	1 (10%)
Shortness of breath†	1	0	2 (15%)	1 (8%)	1 (10%)
Chest pain	1	0	2 (15%)	1 (8%)	1 (10%)
Diarrhea	1	0	1 (8%)	1 (8%)	1 (10%)
Joint inflammation	1	0	1 (8%)	0	1 (10%)
Teeth sensitivity	1	0	1 (8%)	0	1 (10%)
High white cells	1	0	1 (8%)	0	1 (10%)
Head/neck tingling	1	0	1 (8%)	0	1 (10%)
Light-headedness	1	0	1 (8%)	0	1 (10%)

Descartes-08
 • CSR – 0%
 • ICANS – 0%

In contrast, DNA CART
 • CSR – 25% – 90%*
 • ICANS – 20% – 67%

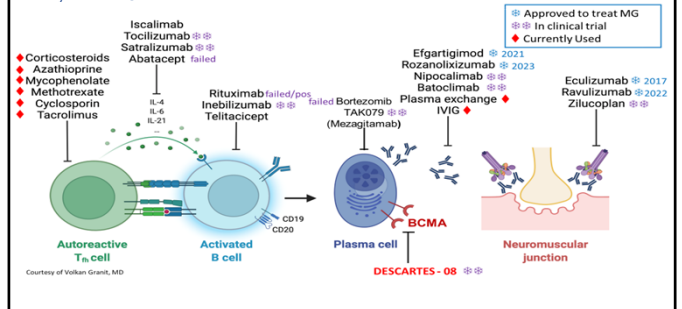
*disease dependent

Grant V, et al. *Lancet Neurology*. 2023; v22: p578.

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Landscape of Therapeutic Targets

Myasthenia Gravis



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Traditional Immunosuppressive Therapy

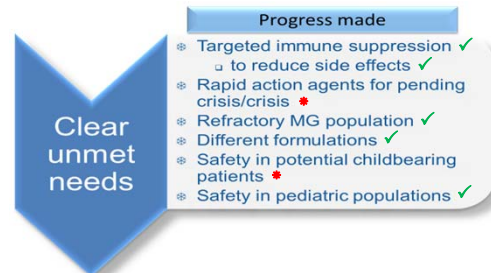
Slow onset of action / Not suited for fluctuating disease

Treatments	Onset of action	Maximum efficacy
Tacrolimus	4-8 weeks	3 months
Cyclosporine	2-3 months	3-6 months
Cyclophosphamide	2-4 weeks	3-6 months
Methotrexate	1-3 months	3-6 months
Mycophenolate mofetil	4-12 months	6-18 months
Azathioprine	6-12 months	12-36 months
Complement Inhibitors	<1-2 weeks	2-3 months
FcRn Inhibitors	<1-2 weeks	4-5 weeks

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Final Thoughts

Myasthenia Gravis 2023



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Question and Answer Segment

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